# Pacing Guide: Introduction to Anatomy & Physiology & Human Physiology

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Summary of Resources and Activities</th>
</tr>
</thead>
</table>
| 1    | Task 1 | 1. Optional: Sign up for the asynchronous GVT1 Task Workshop [HERE](#).  
2. Review chapters 5, 6, 7, and 8 in *The Essentials of Human Anatomy and Physiology*.  
3. Watch the Task 1 video.  
4. Complete task 1 and submit in TaskStream. |
| 2    | Task 2, Parts A-C | 1. Review chapter 14 in *The Essentials of Human Anatomy and Physiology*.  
2. Watch the Task 2, parts A-C video.  
3. Complete task 2, parts A-C. |
| 3    | Task 2, Part D | 1. Review chapters 11, 13, 14, and 15 in *The Essentials of Human Anatomy and Physiology*.  
2. Watch the Task 2, part D video.  
3. Complete task 2, part D, and submit task 2 in TaskStream. |